
































Class Schedule

Effective
Oct 17, 2022

	5PM		6PM		7PM	
MON	WHITE  5:00	/	YELLOW  5:45	ORANGE/GREEN   6:15	ALL ADULTS  7:00	
TUE	DRAGONS  5:00	WHITE  5:30	/	YELLOW+    6:15	SPAR  	ALL ADULTS  7:00
WED	ORANGE/GREEN  5:00	YELLOW  5:45	WHITE  6:15	/	ALL ADULTS  7:00	
THU	YELLOW+  5:00	SPAR 	DRAGONS  5:45	WHITE  6:15	/	ALL ADULTS  7:00
FRI	WHITE  5:00	/	ORANGE/GREEN  5:45	YELLOW  6:30	ALL ADULTS  7:00	
SAT	DRAGONS  10:00	WHITE+  10:30	SPAR  	ALL ADULTS  11:15		

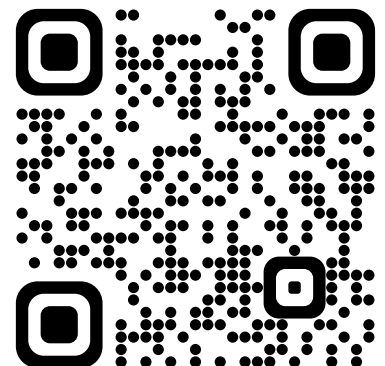
 Sparring

On Tues/Thurs in the Yellow+ class and on Saturday in the White+ class, students with gear will remain in class for an additional 10-15 minutes to practice sparring/sparring combos.



TARRANT ELITE
TAEKWONDO

View the class schedule online at
tarrantelite.com/schedule



Class Schedule

Effective
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Evening

Morning

MON	TUE	WED	THU	FRI	SAT
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Little Dragons (ages 4-5)

5:00

5:45

10:00

Junior White Belts

5:00

5:30

6:15

6:15

5:00

10:30

Junior Yellow Belts

5:45

6:15

5:45

5:00

6:30

10:30

Junior Orange / Green Belts

6:15

6:15

5:00

5:00

5:45

10:30

All Adults

7:00

7:00

7:00

7:00

7:00

11:15

 30min

Little dragons, white belt, and yellow belt classes are 30 minutes

 45min

Adult, orange belt, and green belt classes are 45 minutes



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